

**DEMENTIA AD HOC SCRUTINY PANEL  
DEMENTIA IN MIDDLESBROUGH– ACTION PLAN**

SCRUTINY RECOMMENDATION	PROPOSED ACTION	BY WHOM	BUDGET COST	TIMESCALE
<p>1. The Older Peoples' Inreach Acute Liaison Psychiatry Service at JCUH, operated by TEWV, should be developed to the extent where it has the capacity to deal with the likely calls on its time, which is far from the case at the moment. The Panel sees this as a shared responsibility amongst the local health and social care economy and feels this should be treated as urgent.</p>	<p>NHS Middlesbrough will ensure increased and continued investment in an Acute Liaison OPMH Multi Disciplinary Team at JCUH in line with 'Who Cares Wins'. The service will be available.</p>	<p>NHS Middlesbrough/NHS Redcar &amp; Cleveland – MH Commissioner</p>	<p>To be met from existing budgets / specific grants</p>	<p>Dec 2009</p>
<p>2. That the Middlesbrough Practice Based Commissioning Cluster scopes and invests in a specialised Dementia services for use across General Practice in Middlesbrough. Such a resource would ensure that there is the necessary expertise and capacity in General Practice to increase the amount of accurate and appropriate referrals for those with suspected Dementia. The Panel recognises that neither the PBC Cluster or NHS Middlesbrough can implement such a service in isolation. NHS Middlesbrough has a responsibility to support the PBC framework as much as it can in delivering such a vision. General Practice has a responsibility to actively engage in the debate, as the current picture of a one third diagnosis rate for Dementia must be challenged.</p>	<p>Review existing protocols to assist all primary care services to refer appropriately for early screening, diagnosis and treatment to dementia and ensure that all GPs and primary care staff are offered effective support and training.</p> <p>Ensure that the Older Peoples CMHT identify link workers to all GP practices to assist in awareness raising of appropriate referral routes to promote early screening, diagnosis and treatment.</p> <p>Increase resources into the CMHT to enable 7 day access to the Older Peoples Mental Health Services across the spectrum of care settings.</p> <p>Provide open access memory clinics with extended opening hours to allow</p>	<p>Middlesbrough NHS MH Commissioner/GP Forum/Tees Esk &amp; Wear Valleys NHS Trust</p>	<p>To be met from existing budgets / specific grants</p>	<p>Jan 2010</p>

	people concerned about dementia and their carers access to help, signposting and advice on securing an accurate diagnosis of the condition, provide psychological therapies and to give older people and their carers clear explanations of their problems and the likely consequences.			
3. That NHS Middlesbrough and Middlesbrough Council further develops Dementia Advice services. Such services should be located, or at least heavily advertised, in places where people will typically receive diagnosis of Dementia.	The council and NHS Middlesbrough will jointly continue with independent advice and information aspects of an independent sector Dementia Adviser Service	Social Care Commissioner/Middlesbrough NHS MH Commissioner/Alzheimer's Society	To be met from existing budgets / specific grants	Mar 2010
4. That NHS Middlesbrough and Middlesbrough Council invests, as a priority, in an appropriate number of Dementia Adviser Posts as envisaged in the National Dementia Strategy. To fill the position of this sort that is currently vacant would be an excellent start. These posts should be proactive, contact people who are newly diagnosed and guide the patient and their carers through all stages of the journey, paying specific attention to the 'softer' services that people rely upon so much	NHS Middlesbrough and Middlesbrough Council will develop a Dementia Adviser Service in partnership with a Third Sector Provider	Social Care Commissioner/NHS Middlesbrough MH Commissioner/Alzheimer's Society	To be met from existing budgets / specific grants	Mar 2010
5. The Panel recommends that NHS Middlesbrough and Middlesbrough Council develop and open a Dementia Café for the use of patients and carers. Such a facility could be operated in established premises, to keep down capital costs. It would provide patients and carers with an opportunity to meet with people going through similar experiences and would allow patients and carers the opportunity to speak with professionals in a relaxed, informal and 'normal' environment.	NHS Middlesbrough and Middlesbrough Council will explore supporting the development of peer support networks around a Dementia Café model linked to the open access memory clinic service provision in community facilities	Social Care Commissioner/NHS Middlesbrough MH Commissioner/Tees Esk & Wear Valley Trust Service Manager	To be met from existing budgets / specific grants	Mar 2010

<p>6. NHS Middlesbrough and Middlesbrough Council should consider in detail whether the local <i>Alzheimer's Society</i> and associated third sector organisations, currently have the capacity and appropriate funds, to deliver the sorts of 'softer services' that are envisaged as being developed and that are the speciality of the sector. The Panel would like to hear the outcome of that exercise.</p>	<p>NHS Middlesbrough and Middlesbrough Council will work with the Alzheimer's Society to ensure local service provision</p>	<p>Social Care Commissioner/NHS Middlesbrough NHS Commissioner</p>	<p>N/A</p>	<p>Mar 2010</p>
<p>7. The Panel recommends that the local health and social care economy investigate methods to increase awareness of the condition and thereby challenge the perception that it is a 'normal' part of ageing. In so doing, it is hoped that the stigma could also be challenged. Whilst anecdotal, the Panel feels that the stigma associated with Dementia probably prevents some people accessing the services they need.</p>	<p>NHS Middlesbrough and Middlesbrough Council will work together to increase awareness of the condition and challenge the associated stigma in partnership with colleagues from public health. Improve the information available – make sure web site and associated links are current and provide a comprehensive range of information.</p>	<p>Social Care Commissioner/NHS Middlesbrough MH Commissioner/OPMH LIT partners/ Health Improvement Lead</p>	<p>To be met from existing budgets / specific grants</p>	<p>Mar 2010</p>
<p>8. The Panel is aware of the advancements made recently in services for Carers, particularly out of the Life Store. The Panel would urge the local health and social care economy to keep the needs of Dementia Carers at the forefront of its thinking when developing Dementia services.</p>	<p>NHS Middlesbrough and Middlesbrough Council will ensure the needs of dementia carers remain a priority by working with the OPMH Carers Forum to ensure feasible carers support, respite care and emotional support.</p>	<p>Social Care Commissioner/Middlesbrough NHS MH Commissioner</p>	<p>To be met from existing budgets / specific grants</p>	<p>March 2010</p>
<p>9. The Panel recommends that staff on wards at JCUH which deal with a high proportion of older people should continue to receive training on how to recognise poor mental health symptoms amongst older patients. Such training, however, is intrinsically linked to the urgent work required in ensuring that the older people's acute liaison psychiatry service has the capacity to deal with referrals when they are received.</p>	<p>South Tees Acute Hospitals will ensure that the 'Lets Respect' training programme and associated specialised training is mandatory for staff at JCUH. South Tees Acute Hospitals NHS Trust will continue to support their current NVQ training programme for staff in dementia awareness.</p>	<p>South Tees Acute Hospitals</p>	<p>N/A</p>	<p>Mar 2010</p>